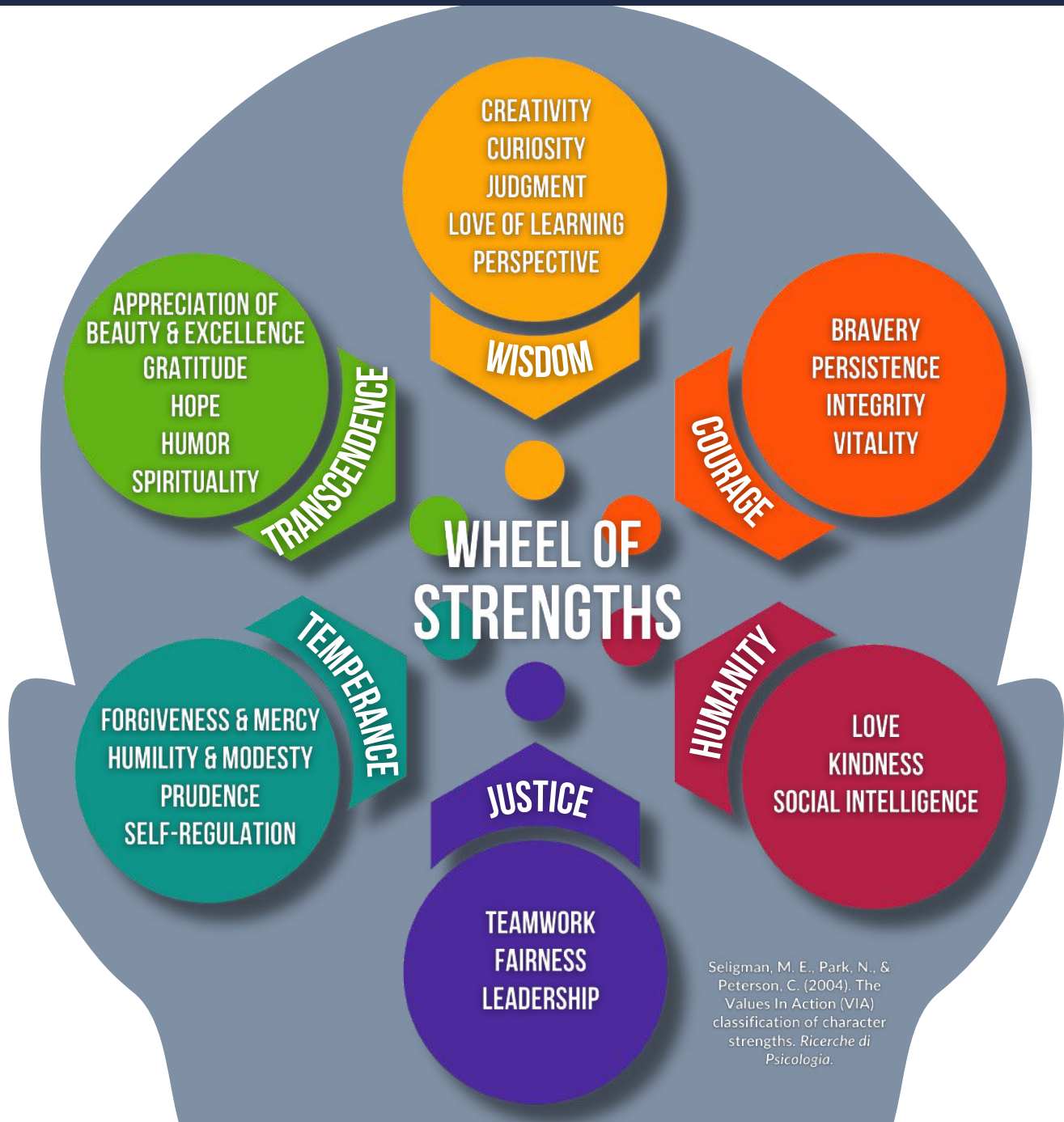


WHAT PERSONAL STRENGTHS WILL YOU DEVELOP IN THE YEAR AHEAD?



THOUGHT QUESTIONS:

What are your character strengths? (If you don't know, take the [FREE VIA Survey](#)*)

How do your strengths and weaknesses show up in your professional life? In your personal life?

What ONE strength will you commit to developing over the next 6-12 months? How will this strength help you in your professional life? In your personal life?

What resources do you need to develop this strength (e.g., books, courses, accountability partners, mentors, professional coaching, etc.)?

*This link is provided for information purposes only. Litvak Executive Solutions is not affiliated in any way with the VIA Institute on Character.

